1  
00:00:00,540 --> 00:00:02,060  
好，各位老视同仁  
  
2  
00:00:02,100 --> 00:00:03,260  
我们接着上课啊  
  
3  
00:00:03,300 --> 00:00:03,860  
刚刚啊  
  
4  
00:00:03,940 --> 00:00:05,740  
下课休整的时间  
  
5  
00:00:06,360 --> 00:00:08,960  
那么一石激起千层浪啊  
  
6  
00:00:09,080 --> 00:00:11,560  
各位在座的同仁啊  
  
7  
00:00:11,600 --> 00:00:12,800  
那么都聊起来了  
  
8  
00:00:13,220 --> 00:00:15,780  
呃，或是家中亲属啊  
  
9  
00:00:15,780 --> 00:00:16,780  
或是孩子啊  
  
10  
00:00:16,820 --> 00:00:21,500  
那么发生这个腺样体肥大的过去的这个经历和见闻  
  
11  
00:00:22,190 --> 00:00:22,390  
额  
  
12  
00:00:22,750 --> 00:00:25,510  
那么大家没聊够啊  
  
13  
00:00:25,550 --> 00:00:27,470  
那我再补充两句啊  
  
14  
00:00:27,510 --> 00:00:29,420  
既然是这样，呃  
  
15  
00:00:29,780 --> 00:00:30,860  
那么实际上呢  
  
16  
00:00:31,300 --> 00:00:34,660  
这个这个本身跟我们今天富满其实没啥关系啊  
  
17  
00:00:34,660 --> 00:00:38,010  
但是由刚才一个这个奇人，呃  
  
18  
00:00:38,130 --> 00:00:40,890  
我们讲那个善T的一个现象  
  
19  
00:00:41,250 --> 00:00:42,090  
聊到这个问题  
  
20  
00:00:42,450 --> 00:00:43,210  
那么现象体呢  
  
21  
00:00:43,210 --> 00:00:45,490  
我在这再说这么两句话  
  
22  
00:00:46,520 --> 00:00:47,800  
那么它产生的机制  
  
23  
00:00:47,960 --> 00:00:51,680  
我们观察到绝大多数腺样体肥大的患儿  
  
24  
00:00:52,120 --> 00:00:57,770  
那么都出现了便秘的现象或是消化不良的问题  
  
25  
00:00:57,770 --> 00:00:59,690  
当然我说的是大多数，不是绝对啊  
  
26  
00:01:01,010 --> 00:01:02,050  
那么证明一个问题  
  
27  
00:01:02,570 --> 00:01:02,770  
呃  
  
28  
00:01:02,810 --> 00:01:04,330  
其实我总结来总结去呢  
  
29  
00:01:04,330 --> 00:01:05,209  
就这么两件事  
  
30  
00:01:05,650 --> 00:01:09,970  
第一件事呢，就是我们今天的饮食结构发生了问题  
  
31  
00:01:11,110 --> 00:01:11,310  
呃  
  
32  
00:01:11,990 --> 00:01:12,390  
粗粮  
  
33  
00:01:13,230 --> 00:01:15,150  
所以我们今天讲叫膳食纤维，对吧  
  
34  
00:01:15,670 --> 00:01:16,750  
那么包括什么呢  
  
35  
00:01:17,310 --> 00:01:19,150  
呃，蔬菜吃的太少  
  
36  
00:01:19,980 --> 00:01:22,540  
相反肉类东西吃的太多  
  
37  
00:01:22,580 --> 00:01:24,660  
而且肉类呢，又能助痰助火  
  
38  
00:01:25,730 --> 00:01:28,010  
他上火的几率就增大了啊  
  
39  
00:01:28,010 --> 00:01:28,770  
这是其一  
  
40  
00:01:29,370 --> 00:01:31,330  
第二呢，现在的孩子呢  
  
41  
00:01:31,330 --> 00:01:34,330  
那么我们在我们说早教也好啊  
  
42  
00:01:34,370 --> 00:01:39,490  
包括他所接触到的这些事也罢  
  
43  
00:01:40,530 --> 00:01:42,250  
又相对的强度过大  
  
44  
00:01:42,370 --> 00:01:46,170  
耗散的精力造成的阳气太盛，阴气不足  
  
45  
00:01:47,060 --> 00:01:48,100  
那么这样的话呢  
  
46  
00:01:48,100 --> 00:01:50,020  
就导致了火气上乘，对吧  
  
47  
00:01:50,300 --> 00:01:51,340  
火气就往上走  
  
48  
00:01:51,680 --> 00:01:52,800  
火气往哪儿走呢  
  
49  
00:01:53,320 --> 00:01:55,800  
那么必然我们说阳明少阴  
  
50  
00:01:55,960 --> 00:01:57,120  
两观津液，对吧  
  
51  
00:01:57,560 --> 00:01:58,440  
那么阳明呢  
  
52  
00:01:58,880 --> 00:02:00,850  
主燥金少阴呢  
  
53  
00:02:00,850 --> 00:02:02,250  
它里头也也也是  
  
54  
00:02:02,650 --> 00:02:03,970  
虽然少阴为军火  
  
55  
00:02:04,050 --> 00:02:06,050  
但是它里头津液对他也很重要  
  
56  
00:02:06,490 --> 00:02:07,530  
因此说这个时候呢  
  
57  
00:02:07,570 --> 00:02:10,039  
就在这个部位就出现了这种增生  
  
58  
00:02:10,400 --> 00:02:11,480  
所以在治疗过程中  
  
59  
00:02:11,480 --> 00:02:13,760  
我们要始终抓住这条主线  
  
60  
00:02:14,120 --> 00:02:16,440  
也就是要开他的那个阳虚之结  
  
61  
00:02:16,820 --> 00:02:17,700  
不要让它化火  
  
62  
00:02:17,780 --> 00:02:18,980  
不要让那个火气上秤  
  
63  
00:02:19,420 --> 00:02:21,380  
把中焦呢要打开啊  
  
64  
00:02:21,420 --> 00:02:22,140  
要去养阴  
  
65  
00:02:22,460 --> 00:02:23,580  
抓住这一条主线  
  
66  
00:02:23,830 --> 00:02:25,750  
基本上治疗这个病效果就很好  
  
67  
00:02:26,030 --> 00:02:27,910  
当然，我如果有一个推荐方剂  
  
68  
00:02:28,150 --> 00:02:30,430  
那就是伤寒论之中的诸敷汤  
  
69  
00:02:30,960 --> 00:02:32,080  
临床效果不错啊  
  
70  
00:02:32,080 --> 00:02:34,880  
可以作为一个呃配套食疗啊  
  
71  
00:02:35,270 --> 00:02:36,350  
伤寒论中的祝福汤  
  
72  
00:02:36,630 --> 00:02:39,070  
那个在我们之前讲伤寒药语的时候呢  
  
73  
00:02:39,070 --> 00:02:41,700  
曾经系统的讲授过啊  
  
74  
00:02:41,700 --> 00:02:43,140  
所以在这不再赘述了  
  
75  
00:02:44,280 --> 00:02:44,960  
书归正传  
  
76  
00:02:45,000 --> 00:02:47,200  
我们还回到金桂的原文  
  
77  
00:02:48,390 --> 00:02:48,590  
呃  
  
78  
00:02:48,790 --> 00:02:49,910  
后头就是方子啊  
  
79  
00:02:49,910 --> 00:02:53,950  
我们今天先讲这么几张方啊  
  
80  
00:02:53,950 --> 00:02:56,910  
那么第一个厚朴七物汤  
  
81  
00:03:00,040 --> 00:03:02,440  
厚破其物额  
  
82  
00:03:03,000 --> 00:03:05,970  
那么厚朴七物汤呢  
  
83  
00:03:06,010 --> 00:03:11,290  
它的汤正首先说病腹满啊  
  
84  
00:03:11,290 --> 00:03:12,810  
那么首先就是一个什么呢  
  
85  
00:03:13,290 --> 00:03:13,970  
胀肚啊  
  
86  
00:03:14,050 --> 00:03:15,010  
一个腹满之症  
  
87  
00:03:17,840 --> 00:03:22,360  
之后他又说了一件事，叫发热  
  
88  
00:03:24,660 --> 00:03:25,620  
10日啊  
  
89  
00:03:26,620 --> 00:03:27,420  
那么这个人啊  
  
90  
00:03:28,420 --> 00:03:30,460  
有这个发热的问题  
  
91  
00:03:30,460 --> 00:03:31,780  
而且热了几天呢  
  
92  
00:03:33,150 --> 00:03:33,990  
热了十天  
  
93  
00:03:35,230 --> 00:03:36,670  
呃，其实关于这个呢  
  
94  
00:03:36,830 --> 00:03:42,630  
那么我们又涉及到了伤寒和金匮的一个日期的问题  
  
95  
00:03:43,550 --> 00:03:44,710  
伤寒金匮我们说呢  
  
96  
00:03:44,710 --> 00:03:46,830  
其实它的日期的体系  
  
97  
00:03:47,940 --> 00:03:50,700  
呃，在我的目前的了解来说呢  
  
98  
00:03:51,060 --> 00:03:52,540  
不只有一套啊  
  
99  
00:03:52,620 --> 00:03:56,300  
他是呃两套以上体系同时作业  
  
100  
00:03:56,820 --> 00:04:01,850  
但其中有一套重要体系就是伤寒例之中说的48节  
  
101  
00:04:01,890 --> 00:04:03,570  
24气，72候  
  
102  
00:04:04,250 --> 00:04:06,090  
因此你仔细观察伤寒论呢  
  
103  
00:04:06,090 --> 00:04:07,970  
它会有一些特殊日期啊  
  
104  
00:04:07,970 --> 00:04:09,090  
你会发现特别有意思  
  
105  
00:04:09,540 --> 00:04:11,500  
比如这个12日对吧  
  
106  
00:04:11,780 --> 00:04:12,300  
23日  
  
107  
00:04:12,660 --> 00:04:16,380  
但是他会经常集中的说56日、56日  
  
108  
00:04:16,500 --> 00:04:18,060  
它往往就跟邵阳有关  
  
109  
00:04:18,660 --> 00:04:20,060  
所谓伤寒56日中风  
  
110  
00:04:20,980 --> 00:04:21,500  
没错吧  
  
111  
00:04:21,700 --> 00:04:24,780  
那么就出现了小柴胡症，呃  
  
112  
00:04:25,180 --> 00:04:26,820  
五六天就跟邵阳关系特别大  
  
113  
00:04:27,020 --> 00:04:29,580  
那为啥是这个跨度呢  
  
114  
00:04:30,460 --> 00:04:30,900  
这个呢  
  
115  
00:04:30,980 --> 00:04:33,580  
其实我还是要提一下苏世平先生啊  
  
116  
00:04:34,050 --> 00:04:36,090  
那么呃，我也想啊  
  
117  
00:04:36,090 --> 00:04:37,730  
顺道每次讲课的时候呢  
  
118  
00:04:38,170 --> 00:04:43,130  
那么聊一聊我们过去这些呃传承中的老前辈们啊  
  
119  
00:04:43,570 --> 00:04:46,010  
那么孙世平先生在这块有独建  
  
120  
00:04:46,460 --> 00:04:47,580  
他说了一个问题  
  
121  
00:04:47,780 --> 00:04:49,780  
这个十天是什么意思  
  
122  
00:04:50,020 --> 00:04:51,540  
叫二侯之妻  
  
123  
00:04:52,720 --> 00:04:53,720  
5日为一候嘛  
  
124  
00:04:53,840 --> 00:04:54,920  
就是5日是一候  
  
125  
00:04:55,290 --> 00:04:55,490  
呃  
  
126  
00:04:55,490 --> 00:04:56,770  
咱们说一个非常简单的事  
  
127  
00:04:56,770 --> 00:04:58,170  
就像马路边这个树啊  
  
128  
00:04:58,570 --> 00:05:02,650  
在正常状态之下，你会发现每隔五天它会有一个小变化  
  
129  
00:05:03,130 --> 00:05:05,700  
那么其实人也是五天，就是一候  
  
130  
00:05:06,100 --> 00:05:07,540  
三候就是一气，对吧  
  
131  
00:05:08,060 --> 00:05:11,100  
我们讲24节气节气，三候就是一气  
  
132  
00:05:11,800 --> 00:05:14,640  
比如现在正是小雪之气，对吧  
  
133  
00:05:15,000 --> 00:05:15,200  
哎  
  
134  
00:05:15,200 --> 00:05:16,760  
小雪之气，那么  
  
135  
00:05:18,210 --> 00:05:20,010  
那那那整个呃  
  
136  
00:05:21,370 --> 00:05:24,180  
他又涉及到八节啊  
  
137  
00:05:24,340 --> 00:05:25,260  
又涉及到八节  
  
138  
00:05:25,340 --> 00:05:26,900  
因此这个呢，呃  
  
139  
00:05:27,900 --> 00:05:31,820  
十天正好是两猴之日啊  
  
140  
00:05:31,900 --> 00:05:33,020  
正好是两猴之日  
  
141  
00:05:34,500 --> 00:05:38,860  
额，那么换了什么呢  
  
142  
00:05:38,940 --> 00:05:44,010  
傅满发热时脉有伏而烁的现象  
  
143  
00:05:44,290 --> 00:05:45,250  
说明有表证  
  
144  
00:05:46,000 --> 00:05:48,760  
与此同时，饮食如故啊  
  
145  
00:05:49,320 --> 00:05:50,520  
该吃吃该喝喝  
  
146  
00:05:51,040 --> 00:05:52,880  
饮食都照常啊  
  
147  
00:05:52,880 --> 00:05:54,320  
没有什么变化  
  
148  
00:05:54,920 --> 00:05:57,040  
用了一张厚朴七物汤  
  
149  
00:05:59,340 --> 00:06:00,860  
额，这个方子呢  
  
150  
00:06:01,580 --> 00:06:04,700  
实际上你看一下它的组成  
  
151  
00:06:06,460 --> 00:06:08,620  
呃，它的组成结构啊  
  
152  
00:06:11,020 --> 00:06:12,180  
那么仔细一看  
  
153  
00:06:13,900 --> 00:06:15,020  
俩方合起来  
  
154  
00:06:16,400 --> 00:06:18,080  
这个单纯从结构上来说  
  
155  
00:06:18,080 --> 00:06:19,440  
第一个是小承气汤  
  
156  
00:06:20,560 --> 00:06:21,720  
第二个是什么呢  
  
157  
00:06:23,380 --> 00:06:26,860  
呃，桂枝去芍药汤  
  
158  
00:06:28,300 --> 00:06:31,900  
但是前头这个小城器啊  
  
159  
00:06:33,830 --> 00:06:34,550  
有点疑问  
  
160  
00:06:34,950 --> 00:06:35,990  
为什么有疑问呢  
  
161  
00:06:36,790 --> 00:06:40,390  
因为剂量上不对，咱们说小成器呢  
  
162  
00:06:40,630 --> 00:06:43,150  
厚破不能是半斤没错吧  
  
163  
00:06:43,750 --> 00:06:45,510  
指实也不能是五枚  
  
164  
00:06:45,590 --> 00:06:46,670  
小成器是三枚  
  
165  
00:06:47,370 --> 00:06:49,250  
当然三乘气有一个统一特点  
  
166  
00:06:49,770 --> 00:06:51,410  
带黄都是四两  
  
167  
00:06:51,490 --> 00:06:53,010  
这个带黄的量又少了  
  
168  
00:06:53,610 --> 00:06:57,390  
所以我们很难说它到底是哪个城  
  
169  
00:06:57,390 --> 00:06:59,390  
其它我们只能从结构来讲  
  
170  
00:06:59,750 --> 00:07:01,510  
它结构是小程序的结构  
  
171  
00:07:01,880 --> 00:07:04,600  
但用量趋近于大乘器的用量，对吧  
  
172  
00:07:05,120 --> 00:07:05,320  
哎  
  
173  
00:07:05,320 --> 00:07:07,560  
我们权且从结构上来说，呃  
  
174  
00:07:07,640 --> 00:07:08,520  
就算是小声器  
  
175  
00:07:10,000 --> 00:07:10,400  
呃  
  
176  
00:07:12,460 --> 00:07:13,940  
那么后头呢  
  
177  
00:07:14,380 --> 00:07:15,980  
和上一个桂枝去芍子糖  
  
178  
00:07:16,820 --> 00:07:18,020  
那么为什么这么用  
  
179  
00:07:18,180 --> 00:07:20,340  
因为我们知道它在附满的同时  
  
180  
00:07:20,580 --> 00:07:23,580  
卖伏之数既有理证的同时又有表证  
  
181  
00:07:24,000 --> 00:07:26,080  
因此这个叫表里聚病，对吧  
  
182  
00:07:26,640 --> 00:07:28,080  
表和里都有问题  
  
183  
00:07:28,760 --> 00:07:31,720  
呃，所以在古人的著述之中  
  
184  
00:07:32,040 --> 00:07:33,160  
古人经常这么讲  
  
185  
00:07:33,680 --> 00:07:34,680  
这个治法呢  
  
186  
00:07:34,720 --> 00:07:37,400  
基本上就相当于一个什么治法呢  
  
187  
00:07:38,570 --> 00:07:40,930  
叫做表里双解之法啊  
  
188  
00:07:41,450 --> 00:07:43,690  
那么就是表证和里证  
  
189  
00:07:44,430 --> 00:07:48,150  
咱们把表证和里证怎么样啊，都统统解决了啊  
  
190  
00:07:48,150 --> 00:07:49,550  
称之为表里双解  
  
191  
00:07:51,040 --> 00:07:51,240  
嗯  
  
192  
00:07:51,640 --> 00:07:53,080  
这个表里双解呢，本身  
  
193  
00:07:54,950 --> 00:07:58,480  
一个小城器，它能行胃加之气  
  
194  
00:07:59,200 --> 00:08:01,760  
一个桂枝去芍药汤，去掉芍药之酸碱  
  
195  
00:08:02,240 --> 00:08:03,560  
又能开太阳之表  
  
196  
00:08:04,560 --> 00:08:04,760  
呃  
  
197  
00:08:04,920 --> 00:08:06,520  
临床中拿它治什么  
  
198  
00:08:06,520 --> 00:08:08,040  
打一比方，呃  
  
199  
00:08:08,160 --> 00:08:09,480  
两大类类症吧  
  
200  
00:08:09,840 --> 00:08:10,600  
比如第一类  
  
201  
00:08:10,640 --> 00:08:13,370  
我们临床中冠心病，咱们知道啊  
  
202  
00:08:13,370 --> 00:08:15,570  
其实可以用这个厚朴七物汤  
  
203  
00:08:15,930 --> 00:08:16,850  
为什么这么说呢  
  
204  
00:08:17,370 --> 00:08:21,770  
那么首先那个我们说桂枝去芍汤，它的原文啊  
  
205  
00:08:22,130 --> 00:08:25,970  
咱们大家还应该记得太阳病下之后，脉促胸满者  
  
206  
00:08:25,970 --> 00:08:27,410  
桂枝去芍药汤主治吧  
  
207  
00:08:27,830 --> 00:08:29,910  
所谓脉促胸满，就是心阳不足啊  
  
208  
00:08:30,470 --> 00:08:30,670  
哎  
  
209  
00:08:30,670 --> 00:08:32,710  
这个我们在临床中用的很多啊  
  
210  
00:08:33,030 --> 00:08:37,470  
心阳不足的时候，我们说我们要考虑仲景先师的用药  
  
211  
00:08:38,350 --> 00:08:38,549  
呃  
  
212  
00:08:38,909 --> 00:08:41,630  
往往有的时候我们经常说一张方加减加减啊  
  
213  
00:08:42,270 --> 00:08:43,110  
其实说句老实话  
  
214  
00:08:43,110 --> 00:08:47,160  
我们有的时候是光顾着家，没顾着减  
  
215  
00:08:48,480 --> 00:08:51,290  
真正会减法的才是高手啊  
  
216  
00:08:51,330 --> 00:08:52,650  
真正会减法才是高手  
  
217  
00:08:52,930 --> 00:08:54,050  
你给人开小柴胡汤  
  
218  
00:08:54,450 --> 00:08:55,850  
比如治甲状腺占位  
  
219  
00:08:56,530 --> 00:08:58,090  
你有没有想起捡大枣啊  
  
220  
00:08:59,000 --> 00:09:01,800  
那你给人开桂枝汤治疗心脏的问题  
  
221  
00:09:01,800 --> 00:09:03,240  
你有没有想着减芍药啊  
  
222  
00:09:03,940 --> 00:09:07,060  
那么这个时候其实有很多时候有一些加减定式  
  
223  
00:09:07,100 --> 00:09:09,300  
我们是一定要考虑到的啊  
  
224  
00:09:09,460 --> 00:09:10,180  
考虑在内  
  
225  
00:09:12,040 --> 00:09:15,000  
那么这块呢，就就谈到这个问题  
  
226  
00:09:15,320 --> 00:09:16,680  
额，减掉了  
  
227  
00:09:18,570 --> 00:09:21,530  
这个芍药  
  
228  
00:09:22,600 --> 00:09:26,240  
呃治疗脉醋，所以冠心病包括心脏的问题  
  
229  
00:09:26,240 --> 00:09:27,360  
心绞痛啊等等啊  
  
230  
00:09:27,700 --> 00:09:30,180  
他会有这种心阳不足的现象啊  
  
231  
00:09:30,180 --> 00:09:33,500  
用桂枝汤去芍药，那么承气汤合进来干嘛呢  
  
232  
00:09:34,240 --> 00:09:35,640  
在这儿也非常有作用  
  
233  
00:09:36,120 --> 00:09:39,640  
呃，很多这个心脏疾患的患者  
  
234  
00:09:40,790 --> 00:09:43,670  
实际上你不要一厢情愿的认为他就是虚症  
  
235  
00:09:43,750 --> 00:09:45,030  
我不能攻下错了  
  
236  
00:09:45,790 --> 00:09:46,670  
我这么跟你讲啊  
  
237  
00:09:47,110 --> 00:09:51,650  
中交一旦堵塞，会造成他心脏症状的加剧  
  
238  
00:09:52,940 --> 00:09:53,140  
呃  
  
239  
00:09:53,380 --> 00:09:55,740  
上次课我曾经讲过贾母的那个  
  
240  
00:09:56,180 --> 00:10:00,780  
当时呃心梗合并心衰的问题  
  
241  
00:10:00,780 --> 00:10:01,060  
对吧  
  
242  
00:10:01,820 --> 00:10:02,020  
哎  
  
243  
00:10:02,580 --> 00:10:04,580  
那么当时我的印象非常深  
  
244  
00:10:05,020 --> 00:10:05,860  
呃加湿呢  
  
245  
00:10:05,900 --> 00:10:08,900  
用了这个开御郡下之法啊  
  
246  
00:10:09,660 --> 00:10:12,060  
那么治疗这个急性的心衰  
  
247  
00:10:12,970 --> 00:10:14,330  
加上心梗效果非常好  
  
248  
00:10:14,370 --> 00:10:18,370  
但是现在这个我母亲的心衰已经彻底好了啊  
  
249  
00:10:18,370 --> 00:10:19,930  
而且上次说过这个问题  
  
250  
00:10:20,290 --> 00:10:20,570  
呃  
  
251  
00:10:21,090 --> 00:10:25,090  
特别神奇的是，当时有一个我们目前现代医学解决不了的问题  
  
252  
00:10:25,440 --> 00:10:27,960  
就是形式变薄变薄  
  
253  
00:10:28,360 --> 00:10:32,320  
这个一半以上有可能发生急性的那个疝气  
  
254  
00:10:33,220 --> 00:10:34,980  
导致那个那个那个那个问题啊  
  
255  
00:10:34,980 --> 00:10:36,780  
最后用我们中药非常神奇啊  
  
256  
00:10:36,780 --> 00:10:39,220  
最后解决了，到现在都非常好啊  
  
257  
00:10:39,540 --> 00:10:40,140  
非常好  
  
258  
00:10:40,490 --> 00:10:43,250  
那么这个里头跟攻下之法就关系非常大  
  
259  
00:10:44,130 --> 00:10:45,570  
所以我们说一个非常简单的事  
  
260  
00:10:45,570 --> 00:10:47,290  
有很多时候你会观察  
  
261  
00:10:48,030 --> 00:10:49,950  
尤其一东北的一些老人啊  
  
262  
00:10:50,510 --> 00:10:54,670  
诱发急性心脏病发作，除了生气之外啊  
  
263  
00:10:54,870 --> 00:10:55,870  
寒冷刺激之外  
  
264  
00:10:56,270 --> 00:10:57,950  
有一个非常重要的诱因  
  
265  
00:10:58,610 --> 00:11:01,010  
就是吃饮饮食对吧  
  
266  
00:11:01,490 --> 00:11:04,730  
吃了过年的东西或者是饮食过饱  
  
267  
00:11:05,820 --> 00:11:07,700  
这样其实非非常简单的问题啊  
  
268  
00:11:07,700 --> 00:11:09,900  
我们说人吃饱了之后会犯困  
  
269  
00:11:11,090 --> 00:11:12,530  
为啥吃饱会犯困呢  
  
270  
00:11:12,930 --> 00:11:13,810  
那么古人啊  
  
271  
00:11:14,890 --> 00:11:16,050  
有这么一个词  
  
272  
00:11:16,950 --> 00:11:19,670  
比如我们今天喝茶说喝茶能喝醉了是吧  
  
273  
00:11:20,070 --> 00:11:22,510  
其实我们知道喝茶有的时候它导致血糖低  
  
274  
00:11:22,900 --> 00:11:24,140  
喝多了之后就醉了  
  
275  
00:11:24,380 --> 00:11:25,860  
其实吃饭胃肠，不是呢  
  
276  
00:11:26,260 --> 00:11:29,020  
吃饭之后，由于人的血液都供应到了胃  
  
277  
00:11:29,880 --> 00:11:31,760  
造成其他地方血液少了吧  
  
278  
00:11:32,320 --> 00:11:34,480  
这样的时候人就也会犯困  
  
279  
00:11:34,960 --> 00:11:37,480  
那么对你来说，对常人来说是犯困  
  
280  
00:11:37,680 --> 00:11:39,320  
对于心脏病来说有可能要命  
  
281  
00:11:39,800 --> 00:11:42,960  
因为他血液整个血液供应跑了胃部之后  
  
282  
00:11:43,240 --> 00:11:44,800  
心脏血液是不是变少了  
  
283  
00:11:45,700 --> 00:11:47,260  
心脏压力负担也大了吧  
  
284  
00:11:47,740 --> 00:11:49,540  
那个时候就会诱发心脏疾患  
  
285  
00:11:49,740 --> 00:11:51,260  
因此治疗心脏疾患的时候  
  
286  
00:11:51,260 --> 00:11:55,660  
其实后破七物汤是一个非常好的选择啊  
  
287  
00:11:55,660 --> 00:11:56,780  
这个作为一个思路  
  
288  
00:11:57,060 --> 00:11:59,060  
供给大家作为思考  
  
289  
00:12:02,160 --> 00:12:04,000  
当然了，还有一类病  
  
290  
00:12:04,920 --> 00:12:06,600  
额，我经常喜欢用啊  
  
291  
00:12:06,600 --> 00:12:09,480  
但是腹满反倒我用厚薄肌肉汤用的不多啊  
  
292  
00:12:09,890 --> 00:12:12,250  
那么还有一类病，我我我我我喜欢用  
  
293  
00:12:12,370 --> 00:12:14,530  
因为这个腹满特指是有表证的啊  
  
294  
00:12:15,060 --> 00:12:17,300  
那么我见到有表征的驸马不多啊  
  
295  
00:12:17,300 --> 00:12:18,060  
这个机会不多  
  
296  
00:12:18,060 --> 00:12:18,780  
实话实说  
  
297  
00:12:19,380 --> 00:12:21,940  
呃，另一类病我经常喜欢用厚朴七物汤  
  
298  
00:12:22,300 --> 00:12:22,900  
皮肤病  
  
299  
00:12:23,840 --> 00:12:26,160  
你们见没见过经没经历过这种现象  
  
300  
00:12:26,800 --> 00:12:29,660  
有的时候你看到这个患者呀  
  
301  
00:12:29,940 --> 00:12:30,620  
有皮肤病  
  
302  
00:12:31,260 --> 00:12:32,220  
包括很多时候呢  
  
303  
00:12:32,220 --> 00:12:33,620  
你一你一看脉诊，诶  
  
304  
00:12:33,620 --> 00:12:35,300  
这个患者的皮肤病并未在表  
  
305  
00:12:35,860 --> 00:12:37,460  
是有表邪，这个很多见吧  
  
306  
00:12:38,020 --> 00:12:39,260  
那么按照我们伤寒论说  
  
307  
00:12:39,810 --> 00:12:42,170  
这个以其不得小汗出身，必痒  
  
308  
00:12:42,250 --> 00:12:43,890  
宜桂枝麻黄各半汤，没错啊  
  
309  
00:12:44,530 --> 00:12:49,400  
但是结果你的麻黄桂枝汤用上之后不治，还好  
  
310  
00:12:49,440 --> 00:12:50,240  
一治坏了  
  
311  
00:12:53,360 --> 00:12:53,560  
哎  
  
312  
00:12:53,720 --> 00:12:56,640  
在场有临床医生都明白，都经历过吧  
  
313  
00:12:57,640 --> 00:12:58,600  
那么不治还好  
  
314  
00:12:59,040 --> 00:13:02,890  
一治患者发了一身一身都是了  
  
315  
00:13:02,890 --> 00:13:04,370  
本来就是比如说一面啊  
  
316  
00:13:04,370 --> 00:13:05,290  
只有A面有  
  
317  
00:13:05,850 --> 00:13:07,170  
那么吃完你的汤药之后  
  
318  
00:13:07,170 --> 00:13:08,450  
A面和B面都有了  
  
319  
00:13:08,890 --> 00:13:10,770  
不但没治好，还赠送了一面  
  
320  
00:13:11,810 --> 00:13:13,170  
那么这时候患者就来了  
  
321  
00:13:14,570 --> 00:13:15,210  
或者就说，啊  
  
322  
00:13:15,210 --> 00:13:17,210  
说大夫这是啥情况啊  
  
323  
00:13:17,210 --> 00:13:18,330  
我也没别的意思啊  
  
324  
00:13:18,800 --> 00:13:20,680  
那你看我这回我之前  
  
325  
00:13:20,680 --> 00:13:21,880  
我就是想治一下啊  
  
326  
00:13:21,880 --> 00:13:23,120  
但控制一下没控制住  
  
327  
00:13:23,120 --> 00:13:24,400  
我现在全身都是了  
  
328  
00:13:25,240 --> 00:13:26,200  
这是咋回事啊  
  
329  
00:13:27,470 --> 00:13:29,830  
那这时候你只有硬着头皮说，啊  
  
330  
00:13:30,670 --> 00:13:31,750  
哎呀，说这个啊  
  
331  
00:13:31,750 --> 00:13:32,710  
你里头有邪气  
  
332  
00:13:32,790 --> 00:13:33,830  
我给你发出来了  
  
333  
00:13:34,950 --> 00:13:35,230  
啊  
  
334  
00:13:36,330 --> 00:13:36,530  
哎  
  
335  
00:13:36,690 --> 00:13:38,010  
那你看我们这有这个  
  
336  
00:13:38,610 --> 00:13:39,890  
我们在座有这个  
  
337  
00:13:40,290 --> 00:13:44,810  
我们这个这个中药系统的这个这个这个朋友啊  
  
338  
00:13:44,810 --> 00:13:46,780  
那非常有同感  
  
339  
00:13:46,780 --> 00:13:48,060  
经常经历这种事啊  
  
340  
00:13:48,500 --> 00:13:49,660  
非常经历这种事  
  
341  
00:13:50,140 --> 00:13:50,980  
那发出来之后  
  
342  
00:13:50,980 --> 00:13:54,130  
问题是，大夫我啥时候回去呢  
  
343  
00:13:55,240 --> 00:13:58,280  
我也知道发出来了我也认同哎  
  
344  
00:13:58,280 --> 00:14:00,280  
患者为什么他还有有同感啊  
  
345  
00:14:00,640 --> 00:14:02,120  
因为确实你给他发出来之前  
  
346  
00:14:02,120 --> 00:14:04,920  
他可能虽然是皮肤难受啊  
  
347  
00:14:06,080 --> 00:14:07,200  
没有现在这么严重  
  
348  
00:14:07,690 --> 00:14:10,090  
但是这个人呢，可能很很很很虚弱  
  
349  
00:14:10,290 --> 00:14:11,930  
精神头也不好，或者哪都难受  
  
350  
00:14:12,210 --> 00:14:12,410  
哎  
  
351  
00:14:12,770 --> 00:14:15,010  
发出来之后就是皮肤难受  
  
352  
00:14:15,010 --> 00:14:17,530  
但是身体可能休息的比之前好  
  
353  
00:14:18,050 --> 00:14:19,090  
吃饭也比之前好  
  
354  
00:14:19,090 --> 00:14:20,170  
大便也通顺了  
  
355  
00:14:20,920 --> 00:14:22,920  
但是我们要讲一个问题啊，同学们  
  
356  
00:14:23,720 --> 00:14:25,320  
我不否认你把它发出去  
  
357  
00:14:25,320 --> 00:14:26,440  
我为我也不否认  
  
358  
00:14:26,480 --> 00:14:31,050  
伤寒论中说过桂枝麻黄各半汤的这个用法  
  
359  
00:14:32,240 --> 00:14:34,680  
但是我们能否在治疗疾病过程中  
  
360  
00:14:35,160 --> 00:14:37,320  
照顾一下患者的主观感受呢  
  
361  
00:14:37,880 --> 00:14:42,560  
也就是我们是否可以把治病过程的患者的体验度  
  
362  
00:14:43,540 --> 00:14:44,540  
提高一部分呢  
  
363  
00:14:45,420 --> 00:14:46,020  
没错吧  
  
364  
00:14:46,660 --> 00:14:47,660  
呃，不光治病  
  
365  
00:14:47,740 --> 00:14:48,540  
那么我呢  
  
366  
00:14:48,540 --> 00:14:49,940  
在年轻的时候，我小的时候啊  
  
367  
00:14:50,340 --> 00:14:52,660  
我治病我也是只只顾往前跑  
  
368  
00:14:53,430 --> 00:14:53,710  
哎  
  
369  
00:14:53,710 --> 00:14:54,870  
你不要当害哈哈  
  
370  
00:14:55,030 --> 00:14:56,070  
你不要管，别插手  
  
371  
00:14:56,390 --> 00:14:57,710  
我在给你治病呢，对吧  
  
372  
00:14:58,160 --> 00:15:02,720  
但这一过程中，我们难道不能在治病过程过程中让患者更舒服一点吗  
  
373  
00:15:03,820 --> 00:15:06,780  
那么我以后破齐五汤作为一个思路  
  
374  
00:15:07,460 --> 00:15:10,860  
刚才我讲了从结构组成上  
  
375  
00:15:11,870 --> 00:15:14,270  
结构上，它是小承气汤  
  
376  
00:15:14,790 --> 00:15:15,470  
合上了  
  
377  
00:15:16,630 --> 00:15:19,660  
桂枝加芍药汤，没错吧  
  
378  
00:15:20,380 --> 00:15:22,020  
但是我还讲了一个问题  
  
379  
00:15:22,740 --> 00:15:24,900  
他如果从用量上，它偏于什么汤  
  
380  
00:15:25,740 --> 00:15:27,020  
大承气汤没错吧  
  
381  
00:15:27,810 --> 00:15:29,250  
大承气汤这就好玩了  
  
382  
00:15:29,690 --> 00:15:31,090  
那么我们说，太阳啊  
  
383  
00:15:31,210 --> 00:15:33,370  
趋于表，肺和皮毛没错吧  
  
384  
00:15:33,570 --> 00:15:35,650  
用桂枝去芍药汤去掉酸脸的能  
  
385  
00:15:36,200 --> 00:15:38,880  
我们传统的思路就是那个往外发那个思路  
  
386  
00:15:39,450 --> 00:15:42,090  
你能否把通大肠的思路给它合上呢  
  
387  
00:15:42,730 --> 00:15:44,730  
为什么肺和皮毛  
  
388  
00:15:45,330 --> 00:15:48,150  
肺与谁相表里，与大肠相表联  
  
389  
00:15:48,310 --> 00:15:51,350  
你在大厂给他开一扇门，把垃圾运走  
  
390  
00:15:52,220 --> 00:15:56,620  
你又何必把垃圾顺窗户扔出去呢  
  
391  
00:15:57,220 --> 00:15:58,900  
我说这个道理你懂吧  
  
392  
00:16:01,220 --> 00:16:03,500  
我们有有垃圾走的通道  
  
393  
00:16:03,860 --> 00:16:06,500  
集中处理，集中填埋多好啊  
  
394  
00:16:07,020 --> 00:16:09,810  
我们没必要开窗户扔吧  
  
395  
00:16:10,410 --> 00:16:14,770  
把垃圾撇的满满街满道都是，是家里头没有了  
  
396  
00:16:15,650 --> 00:16:17,090  
那外头有也难受啊  
  
397  
00:16:18,210 --> 00:16:20,330  
所以物有本末，事有终始  
  
398  
00:16:20,370 --> 00:16:21,610  
病有来龙，有去脉  
  
399  
00:16:21,890 --> 00:16:24,050  
那么我们在治疗皮肤疾患的时候  
  
400  
00:16:24,250 --> 00:16:26,210  
你如果结合上大肠的思路  
  
401  
00:16:27,630 --> 00:16:28,710  
是否可以更好呢  
  
402  
00:16:28,950 --> 00:16:32,830  
因此这个方我说它的结构是小程器  
  
403  
00:16:33,560 --> 00:16:35,120  
它的用量是大乘T  
  
404  
00:16:35,120 --> 00:16:36,440  
我没有说死是哪个  
  
405  
00:16:36,880 --> 00:16:39,080  
因为阴阳妙用各有不同  
  
406  
00:16:39,440 --> 00:16:41,280  
我们说当它是小成器的时候  
  
407  
00:16:41,280 --> 00:16:42,400  
心与小肠相表里  
  
408  
00:16:43,000 --> 00:16:44,560  
桂枝去芍又能通心  
  
409  
00:16:45,240 --> 00:16:46,040  
它能治心脏  
  
410  
00:16:46,960 --> 00:16:48,600  
但是当我们从用量上  
  
411  
00:16:48,600 --> 00:16:49,760  
我把它归到大成器  
  
412  
00:16:50,600 --> 00:16:51,680  
肺和大肠相表里  
  
413  
00:16:52,160 --> 00:16:56,000  
那么桂枝汤去芍药去掉酸脸，又能通皮毛  
  
414  
00:16:56,960 --> 00:16:58,000  
又能治皮肤病  
  
415  
00:16:58,360 --> 00:17:00,240  
因此在临床上很多湿疹啊  
  
416  
00:17:01,110 --> 00:17:02,550  
这个包括皮肤病啊  
  
417  
00:17:02,830 --> 00:17:04,790  
一些有风有寒的皮肤病啊  
  
418  
00:17:04,790 --> 00:17:05,790  
我们在治疗的时候  
  
419  
00:17:05,910 --> 00:17:07,430  
我们就可以用开大肠  
  
420  
00:17:07,869 --> 00:17:11,470  
和开皮凑的去邪风的方法相结合  
  
421  
00:17:11,950 --> 00:17:15,579  
就是厚破七无法，大家听懂了吧  
  
422  
00:17:16,290 --> 00:17:16,490  
哎  
  
423  
00:17:16,569 --> 00:17:21,050  
听懂了这个，就你发现以后在临床上我们就可以寄给患者治皮肤病  
  
424  
00:17:21,490 --> 00:17:24,410  
你又可以不用担心，发的一身都是  
  
425  
00:17:24,410 --> 00:17:26,010  
回头还得解释啊  
  
426  
00:17:26,010 --> 00:17:27,490  
有时候那你给方子开出去  
  
427  
00:17:27,490 --> 00:17:29,930  
你就好像扔出了一个定时炸弹啊  
  
428  
00:17:30,450 --> 00:17:32,690  
你不知道它反馈会是什么样  
  
429  
00:17:32,930 --> 00:17:33,530  
是不是啊  
  
430  
00:17:33,730 --> 00:17:36,040  
其实稍稍在这处理一下呢  
  
431  
00:17:36,320 --> 00:17:37,040  
非常简单  
  
432  
00:17:37,240 --> 00:17:40,800  
当然我说这个东西都是从传承中来啊  
  
433  
00:17:42,070 --> 00:17:46,070  
都是我师傅沈先生、沈谦益先生教我的，这个手法啊  
  
434  
00:17:46,070 --> 00:17:48,150  
在临床上真的非常实用啊  
  
435  
00:17:48,150 --> 00:17:49,070  
分享给大家  
  
436  
00:17:49,370 --> 00:17:50,250  
呃，说到这儿呢  
  
437  
00:17:50,250 --> 00:17:51,690  
其实一点题外话  
  
438  
00:17:52,290 --> 00:17:52,490  
呃  
  
439  
00:17:52,650 --> 00:17:53,770  
开这个金贵客呀  
  
440  
00:17:53,810 --> 00:17:56,290  
我是有一个发心的啊  
  
441  
00:17:56,670 --> 00:18:00,940  
因为家师沈先生呢，写了一部著作  
  
442  
00:18:00,940 --> 00:18:02,220  
其实这个不是他写的书  
  
443  
00:18:02,560 --> 00:18:04,360  
我师傅还真没咋没咋参与  
  
444  
00:18:04,640 --> 00:18:05,800  
是我们这些弟子啊  
  
445  
00:18:05,800 --> 00:18:07,480  
把平时师傅的一些讲座呀  
  
446  
00:18:07,960 --> 00:18:10,880  
包括一些，当然主要是对外公开的一些讲座啊  
  
447  
00:18:11,350 --> 00:18:11,550  
呃  
  
448  
00:18:12,470 --> 00:18:14,870  
作为内容整理成文  
  
449  
00:18:15,270 --> 00:18:16,470  
但是很有思辨性  
  
450  
00:18:17,110 --> 00:18:17,390  
呃  
  
451  
00:18:18,370 --> 00:18:19,170  
这书呢  
  
452  
00:18:19,170 --> 00:18:24,090  
一经面世之后，对他的反馈的声音可以说是天壤之别  
  
453  
00:18:24,760 --> 00:18:24,960  
呃  
  
454  
00:18:25,000 --> 00:18:26,640  
那么有一部分同仁呢  
  
455  
00:18:26,640 --> 00:18:28,680  
看了之后不知道这个书在讲什么  
  
456  
00:18:29,040 --> 00:18:30,560  
但是也有一部分同仁呢  
  
457  
00:18:30,920 --> 00:18:32,520  
看了之后非常激动啊  
  
458  
00:18:32,820 --> 00:18:36,190  
那大半夜的给我就来电话跟我讲啊  
  
459  
00:18:36,190 --> 00:18:36,870  
非常激动  
  
460  
00:18:36,870 --> 00:18:41,590  
说这个没见过，这么毫无保留的把所有的法学都讲出来的书  
  
461  
00:18:42,350 --> 00:18:45,010  
呃，他这个反馈不一样  
  
462  
00:18:45,210 --> 00:18:47,330  
因此我呢就是有这么一个发心  
  
463  
00:18:47,810 --> 00:18:48,090  
呃  
  
464  
00:18:48,960 --> 00:18:50,000  
既然我师傅呢  
  
465  
00:18:50,040 --> 00:18:54,270  
他不愿意搞这个普及传播工作啊  
  
466  
00:18:54,310 --> 00:18:55,430  
那么所以我呢  
  
467  
00:18:55,870 --> 00:18:59,390  
就借用金匮要略做一个阶梯  
  
468  
00:19:00,310 --> 00:19:03,110  
那么把想要了解这部书的同仁  
  
469  
00:19:03,600 --> 00:19:05,960  
那么作为一个引渡的作用啊  
  
470  
00:19:06,000 --> 00:19:09,160  
那么就用金匮里头，其实讲的是金贵  
  
471  
00:19:09,360 --> 00:19:12,220  
但是处处体现的还是我师傅的著作啊  
  
472  
00:19:12,260 --> 00:19:16,140  
那把这部书里头的所谓各种理念啊  
  
473  
00:19:16,220 --> 00:19:18,170  
气脉关窍的理念，呃  
  
474  
00:19:18,330 --> 00:19:20,370  
三生三合的理念啊  
  
475  
00:19:20,370 --> 00:19:23,010  
那么都把它贯穿进来啊  
  
476  
00:19:23,900 --> 00:19:26,940  
那么作为一个呃，当然是我的一个努力  
  
477  
00:19:26,980 --> 00:19:28,260  
但是远远做不到啊  
  
478  
00:19:28,260 --> 00:19:31,940  
因为我本人对很多家师说的概念的理解  
  
479  
00:19:32,020 --> 00:19:37,170  
尚且还是在非常呃非常懵懂的时候吧  
  
480  
00:19:37,330 --> 00:19:37,530  
啊  
  
481  
00:19:37,530 --> 00:19:40,090  
那么还是知之甚少啊  
  
482  
00:19:41,420 --> 00:19:44,620  
所以呢，在这里结合一些具体实例的东西  
  
483  
00:19:45,460 --> 00:19:45,660  
呃  
  
484  
00:19:45,660 --> 00:19:47,260  
在这呢，就不过多的赘述了  
  
485  
00:19:47,260 --> 00:19:48,700  
那么厚朴七物汤呢  
  
486  
00:19:48,700 --> 00:19:50,860  
有一个相应的加减法  
  
487  
00:19:51,220 --> 00:19:52,620  
大家呢，不妨看一下  
  
488  
00:19:53,190 --> 00:19:53,390  
呃  
  
489  
00:19:53,390 --> 00:19:55,070  
所谓偶者呢，就加半夏  
  
490  
00:19:55,590 --> 00:20:00,790  
因为原文里头这这个这个没有半夏哦  
  
491  
00:20:00,790 --> 00:20:01,390  
我就加半夏  
  
492  
00:20:01,390 --> 00:20:02,550  
这是它的一个定式啊  
  
493  
00:20:02,830 --> 00:20:04,310  
但是原本里头有生姜是吧  
  
494  
00:20:04,630 --> 00:20:05,870  
而且有生姜五两啊  
  
495  
00:20:05,870 --> 00:20:07,270  
这五两其实不少了  
  
496  
00:20:08,050 --> 00:20:09,930  
夏利呢就去带黄没错吧  
  
497  
00:20:10,970 --> 00:20:13,890  
呃，那么本身这个方子里头大家发现一个问题  
  
498  
00:20:14,570 --> 00:20:19,130  
它在大承气汤的剂量和小乘气汤的结构的同时，带黄量少  
  
499  
00:20:19,690 --> 00:20:22,930  
证明这个方相对来说啊  
  
500  
00:20:24,010 --> 00:20:26,770  
在除螨的同时你认为是区里还是区标  
  
501  
00:20:27,940 --> 00:20:31,290  
其实他是去表厚朴七物汤匙，去表它  
  
502  
00:20:31,330 --> 00:20:32,890  
防止带黄四量太大  
  
503  
00:20:33,290 --> 00:20:35,570  
防止整个方子的力量向下沉，对吧  
  
504  
00:20:36,050 --> 00:20:37,640  
它减去了带黄  
  
505  
00:20:37,840 --> 00:20:38,800  
而且最后还告诉你  
  
506  
00:20:38,800 --> 00:20:40,200  
如果夏利你可以把它去掉  
  
507  
00:20:40,960 --> 00:20:44,240  
说明最终的转归它是让让邪气往外走的  
  
508  
00:20:44,520 --> 00:20:45,720  
是这么一个转归啊  
  
509  
00:20:46,860 --> 00:20:48,540  
如果含多加什么呢  
  
510  
00:20:48,540 --> 00:20:50,660  
加生姜这是它的一个定式啊  
  
511  
00:20:51,520 --> 00:20:55,440  
那么在这后破七五趟也就说完了啊  
  
512  
00:20:55,440 --> 00:20:57,360  
在这就不再赘述  
  
513  
00:20:59,840 --> 00:21:01,000  
呃后头呢  
  
514  
00:21:01,280 --> 00:21:02,720  
附子粳米汤  
  
515  
00:21:04,460 --> 00:21:06,900  
这个方子我在临床上用的特别多啊  
  
516  
00:21:06,980 --> 00:21:08,620  
我也比较喜欢  
  
517  
00:21:08,660 --> 00:21:12,620  
可以说是一个非常应手的这么一张方子  
  
518  
00:21:13,320 --> 00:21:13,520  
呃  
  
519  
00:21:13,720 --> 00:21:15,480  
他的条文这么说  
  
520  
00:21:15,640 --> 00:21:17,320  
腹中寒气，雷鸣切痛  
  
521  
00:21:17,970 --> 00:21:20,250  
胸胁逆满，呕吐完事了  
  
522  
00:21:20,890 --> 00:21:24,130  
那么他这个条文之中最主要的核心四个字  
  
523  
00:21:24,840 --> 00:21:26,040  
你猜是哪四个呀  
  
524  
00:21:27,140 --> 00:21:28,740  
腹中寒气完事了  
  
525  
00:21:28,820 --> 00:21:32,100  
其实这个条文后头的内容，所谓雷鸣切痛  
  
526  
00:21:32,780 --> 00:21:34,020  
包括胸胁逆满  
  
527  
00:21:35,120 --> 00:21:36,520  
呃，包括呕吐  
  
528  
00:21:37,120 --> 00:21:40,320  
都是从不同的侧面翻来覆去的  
  
529  
00:21:40,920 --> 00:21:41,960  
在讲啥呢  
  
530  
00:21:42,780 --> 00:21:45,300  
再讲咱们这个腹中寒气的问题啊  
  
531  
00:21:45,340 --> 00:21:47,020  
那么我们逐一给大家说  
  
532  
00:21:48,610 --> 00:21:50,690  
呃，那么这块呢  
  
533  
00:21:50,690 --> 00:21:52,930  
关于它的解释啊，呃  
  
534  
00:21:53,480 --> 00:21:56,440  
我更多的比较倾向于于佳言先生  
  
535  
00:21:56,880 --> 00:21:58,160  
他有这么几个字啊  
  
536  
00:21:58,160 --> 00:21:59,600  
我觉得说的特别好  
  
537  
00:21:59,600 --> 00:22:01,400  
就不用我再赘述了  
  
538  
00:22:01,400 --> 00:22:05,670  
他说这么几个字叫腹中阴寒，奔破府中  
  
539  
00:22:05,710 --> 00:22:07,030  
首先他说的是这个位置对不对  
  
540  
00:22:07,030 --> 00:22:08,990  
我觉得这六个字至今至贵啊  
  
541  
00:22:08,990 --> 00:22:09,710  
非常的确切  
  
542  
00:22:10,070 --> 00:22:11,950  
古人说话不是随便说的啊  
  
543  
00:22:12,270 --> 00:22:14,390  
上嘴唇一碰下嘴唇这话就来了  
  
544  
00:22:14,710 --> 00:22:15,950  
一拍脑门就有  
  
545  
00:22:16,590 --> 00:22:19,390  
那么他说的是腹中，首先说了部位  
  
546  
00:22:19,630 --> 00:22:20,470  
第二阴寒  
  
547  
00:22:20,830 --> 00:22:22,270  
阴寒说的是病性，对吧  
  
548  
00:22:22,710 --> 00:22:25,460  
是一个寒气，三阴之寒邪啊  
  
549  
00:22:25,540 --> 00:22:28,220  
那么阴寒之邪，第三叫奔破  
  
550  
00:22:29,210 --> 00:22:31,250  
奔，就是指的奔走的意思吧  
  
551  
00:22:31,450 --> 00:22:32,930  
迫就是迫切的意思  
  
552  
00:22:33,050 --> 00:22:35,530  
那么说明这个寒气，他的病位在府中  
  
553  
00:22:36,130 --> 00:22:37,170  
病性是阴寒  
  
554  
00:22:37,630 --> 00:22:39,750  
它的状态不是一个静止的状态  
  
555  
00:22:39,910 --> 00:22:40,950  
是一个什么状态啊  
  
556  
00:22:41,490 --> 00:22:43,850  
动态的状态是一个急迫的状态  
  
557  
00:22:43,850 --> 00:22:45,130  
是一个奔跑的状态  
  
558  
00:22:45,330 --> 00:22:47,810  
因此这六个字我觉得极其的考究啊  
  
559  
00:22:48,220 --> 00:22:50,300  
于家园先生这六个字极其的考究  
  
560  
00:22:52,510 --> 00:22:52,710  
呃  
  
561  
00:22:54,110 --> 00:22:57,960  
那么这个说这么个问题啊  
  
562  
00:22:58,720 --> 00:23:01,880  
所以说它的核心无外乎是啥呀  
  
563  
00:23:03,540 --> 00:23:05,300  
呃，我说八个字啊  
  
564  
00:23:05,300 --> 00:23:06,660  
大家看一下啊  
  
565  
00:23:06,660 --> 00:23:07,540  
我说八个字  
  
566  
00:23:12,960 --> 00:23:15,040  
叫寒邪用式  
  
567  
00:23:16,280 --> 00:23:18,600  
上下纵横啊  
  
568  
00:23:20,960 --> 00:23:24,240  
寒邪用式，上下纵横  
  
569  
00:23:26,940 --> 00:23:32,180  
寒邪用事  
  
570  
00:23:35,180 --> 00:23:37,620  
上下纵横  
  
571  
00:23:39,640 --> 00:23:46,440  
那么是解释了俞加严先生的所谓腹中阴寒奔破  
  
572  
00:23:47,710 --> 00:23:49,310  
那这八个字是谁说的呢  
  
573  
00:23:49,430 --> 00:23:50,990  
同样还不是我说的啊  
  
574  
00:23:51,870 --> 00:23:53,310  
我们当代的一位医家  
  
575  
00:23:54,230 --> 00:23:57,650  
四川一位老先生姓黄  
  
576  
00:23:59,340 --> 00:23:59,540  
叫  
  
577  
00:24:00,820 --> 00:24:02,060  
哎，黄杰西  
  
578  
00:24:03,520 --> 00:24:05,120  
人杰，地灵的吉杰  
  
579  
00:24:06,120 --> 00:24:08,760  
康熙的熙，黄杰熙先生啊  
  
580  
00:24:09,320 --> 00:24:13,780  
一位非常呃专注于治学的老先生  
  
581  
00:24:14,460 --> 00:24:14,660  
呃  
  
582  
00:24:15,060 --> 00:24:18,300  
可能很多同学们啊，甚至都没听说过  
  
583  
00:24:18,780 --> 00:24:20,700  
但是他做学员做的非常的好啊  
  
584  
00:24:20,700 --> 00:24:23,400  
就像呃，我个人啊  
  
585  
00:24:23,760 --> 00:24:25,280  
发现现在名气不大  
  
586  
00:24:25,280 --> 00:24:27,840  
但是做学问用做的特别好的一位  
  
587  
00:24:27,920 --> 00:24:31,360  
就是我之前说的民国的苏世平先生  
  
588  
00:24:31,400 --> 00:24:31,720  
对吧  
  
589  
00:24:31,920 --> 00:24:35,360  
岭南的呃家是新会人  
  
590  
00:24:35,640 --> 00:24:37,520  
出陈皮那地儿啊  
  
591  
00:24:38,300 --> 00:24:41,020  
还有一位就是当代的黄杰熙先生啊  
  
592  
00:24:41,900 --> 00:24:44,500  
呃，这位老人家他东西都特别的好  
  
593  
00:24:44,500 --> 00:24:45,340  
做治学呀  
  
594  
00:24:45,700 --> 00:24:49,080  
沉潜于这个经典啊  
  
595  
00:24:50,160 --> 00:24:51,280  
专注于学问  
  
596  
00:24:51,940 --> 00:24:53,460  
他这八个字说的太好了  
  
597  
00:24:53,580 --> 00:24:55,140  
那把核心东西全说出来了  
  
598  
00:24:55,500 --> 00:24:57,500  
那么寒邪用事说的还是腹中阴寒  
  
599  
00:24:57,860 --> 00:24:59,140  
什么叫上下纵横啊  
  
600  
00:24:59,950 --> 00:25:01,350  
其实你仔细看一下啊  
  
601  
00:25:02,310 --> 00:25:03,870  
这里头有个特别好玩的事  
  
602  
00:25:05,040 --> 00:25:05,240  
呃  
  
603  
00:25:06,400 --> 00:25:07,080  
寒气呀  
  
604  
00:25:08,240 --> 00:25:13,080  
在府中他就出现了雷鸣切痛，雷鸣是啥意思啊  
  
605  
00:25:14,860 --> 00:25:16,620  
就是肚子里头咕噜咕噜叫  
  
606  
00:25:17,870 --> 00:25:21,870  
关伤寒论中生姜甘草二泻心汤  
  
607  
00:25:23,030 --> 00:25:24,150  
皆有腹中雷鸣  
  
608  
00:25:24,990 --> 00:25:26,630  
但是有没有腹中切痛呢  
  
609  
00:25:26,630 --> 00:25:27,110  
就肚子疼  
  
610  
00:25:27,110 --> 00:25:28,310  
有没有回忆一下  
  
611  
00:25:29,190 --> 00:25:32,470  
没有生姜辛汤的核心说的是肝癌时秀  
  
612  
00:25:32,510 --> 00:25:32,790  
对吧  
  
613  
00:25:32,790 --> 00:25:37,380  
有口臭甘草辛汤说的什么杞人夏利日数时，行古不化  
  
614  
00:25:37,380 --> 00:25:38,100  
腹中雷鸣  
  
615  
00:25:38,950 --> 00:25:40,150  
心下痞硬而满干呕  
  
616  
00:25:40,150 --> 00:25:41,910  
心烦不而不得安，对吧  
  
617  
00:25:42,150 --> 00:25:44,150  
易见心下脾胃病不尽，腹下之气  
  
618  
00:25:44,150 --> 00:25:44,670  
脾益肾  
  
619  
00:25:45,430 --> 00:25:46,070  
此非结热  
  
620  
00:25:46,070 --> 00:25:46,750  
但以胃中虚  
  
621  
00:25:46,750 --> 00:25:47,870  
客气上逆，故事应也  
  
622  
00:25:47,870 --> 00:25:49,390  
甘草泻心汤主治啊  
  
623  
00:25:49,590 --> 00:25:51,070  
这是他的相应原文  
  
624  
00:25:52,110 --> 00:25:52,750  
那么这个  
  
625  
00:25:54,320 --> 00:25:56,840  
都没有肚子疼，为啥肚子不疼  
  
626  
00:25:56,840 --> 00:25:57,720  
原因非常简单  
  
627  
00:25:58,160 --> 00:25:59,600  
因为生姜泻心汤  
  
628  
00:25:59,600 --> 00:26:01,200  
甘草泻心汤都拉肚  
  
629  
00:26:02,440 --> 00:26:03,520  
这大家明白了吧  
  
630  
00:26:04,340 --> 00:26:06,260  
所以拉肚子也不一定是坏事，哈哈  
  
631  
00:26:06,500 --> 00:26:07,540  
下力也不一定是坏事  
  
632  
00:26:07,580 --> 00:26:09,940  
它下力之后他肚子里没有压力  
  
633  
00:26:10,180 --> 00:26:11,260  
咱明白这个意思了吧  
  
634  
00:26:11,500 --> 00:26:12,500  
所以他肚子不疼  
  
635  
00:26:12,970 --> 00:26:17,870  
因此你观察腹中雷鸣兼下利者，生姜甘草泻心汤  
  
636  
00:26:18,110 --> 00:26:21,750  
那么腹中雷鸣不下利而痛者什么汤  
  
637  
00:26:23,290 --> 00:26:25,290  
附附子粳米汤你会开了吧  
  
638  
00:26:26,370 --> 00:26:29,290  
就是这张方子眼目明白了没有，哎  
  
639  
00:26:29,370 --> 00:26:30,450  
你就什么脉呀  
  
640  
00:26:30,610 --> 00:26:31,370  
挣啊，折呀  
  
641  
00:26:31,730 --> 00:26:32,810  
边玩去啊  
  
642  
00:26:32,850 --> 00:26:34,010  
你就看这么一个证  
  
643  
00:26:34,410 --> 00:26:35,650  
肚子里头有没有动静  
  
644  
00:26:35,890 --> 00:26:37,690  
有动静，还肚子疼  
  
645  
00:26:37,960 --> 00:26:41,160  
就一张附子粳米汤，完事  
  
646  
00:26:42,490 --> 00:26:45,570  
这个我是在解释黄金鑫先生的上下纵横啊  
  
647  
00:26:45,810 --> 00:26:46,450  
不要多想  
  
648  
00:26:46,810 --> 00:26:49,490  
那么这个就是叫寒邪用事啊  
  
649  
00:26:49,490 --> 00:26:50,370  
这是寒邪用事  
  
650  
00:26:50,850 --> 00:26:52,570  
上下纵横，它怎么纵横呢  
  
651  
00:26:52,570 --> 00:26:53,290  
我再接着讲  
  
652  
00:26:53,970 --> 00:26:58,540  
那么我们说腹中下缘的寒气横向走  
  
653  
00:26:58,860 --> 00:27:00,980  
因为它没拉出去吗  
  
654  
00:27:01,260 --> 00:27:02,180  
咱们是不是这么讲啊  
  
655  
00:27:02,180 --> 00:27:04,580  
就是说他如果变出去是不是就好了  
  
656  
00:27:05,020 --> 00:27:05,900  
他没变出去  
  
657  
00:27:06,260 --> 00:27:07,220  
没变出去  
  
658  
00:27:08,320 --> 00:27:10,120  
那咱们就得想招啊  
  
659  
00:27:10,440 --> 00:27:12,080  
那没变出去它就疼  
  
660  
00:27:12,730 --> 00:27:12,930  
呃  
  
661  
00:27:12,970 --> 00:27:14,690  
疼痛的时候，它咬哪乱窜吧  
  
662  
00:27:15,690 --> 00:27:18,210  
窜不出去，他就只有两个方向能走  
  
663  
00:27:19,100 --> 00:27:19,980  
一个是横着走  
  
664  
00:27:19,980 --> 00:27:20,780  
一个是往上走  
  
665  
00:27:20,780 --> 00:27:23,300  
是不是当它横着走的时候  
  
666  
00:27:23,820 --> 00:27:25,500  
那么在条文中体现，为啥  
  
667  
00:27:26,760 --> 00:27:26,960  
哎  
  
668  
00:27:27,040 --> 00:27:28,080  
同学们都看到了啊  
  
669  
00:27:28,440 --> 00:27:31,840  
这个是我个人比较喜欢的一个授课的状态  
  
670  
00:27:32,080 --> 00:27:33,160  
就是我不用说  
  
671  
00:27:33,160 --> 00:27:35,460  
你自己往里填空，是不是啊  
  
672  
00:27:35,900 --> 00:27:40,050  
寒邪用事，那么奔破奔破他还拉不出去  
  
673  
00:27:40,290 --> 00:27:43,530  
所以他只有在原地本位俯冲的时候是肚子疼  
  
674  
00:27:43,770 --> 00:27:45,330  
那么他剩下两条路可去  
  
675  
00:27:45,530 --> 00:27:46,650  
一条路是横着串  
  
676  
00:27:46,970 --> 00:27:50,130  
横着串就是所谓的啥呀，胸胁逆满没错吧  
  
677  
00:27:50,890 --> 00:27:53,560  
横逆犯于胸胁  
  
678  
00:27:54,160 --> 00:27:55,960  
那么反之上逆呢  
  
679  
00:27:57,360 --> 00:27:58,720  
完事了大家看见了吗  
  
680  
00:27:59,400 --> 00:28:02,440  
因此你还是说金贵的条文写的没有条理吗  
  
681  
00:28:03,200 --> 00:28:05,600  
不但有条理，而且是什么丝丝入扣  
  
682  
00:28:06,570 --> 00:28:10,170  
哎，法于阴阳和于术数根于内经  
  
683  
00:28:11,730 --> 00:28:11,930  
哎  
  
684  
00:28:12,090 --> 00:28:15,970  
正于伤寒，那么这么一系统的一个东西啊  
  
685  
00:28:15,970 --> 00:28:16,890  
每一条都是  
  
686  
00:28:18,300 --> 00:28:19,940  
因此这种状态之下呢  
  
687  
00:28:20,420 --> 00:28:21,300  
咱们怎么办啊  
  
688  
00:28:21,380 --> 00:28:23,260  
怎么想办法让这个寒邪啊  
  
689  
00:28:24,330 --> 00:28:26,610  
能他上逆恒逆吗  
  
690  
00:28:26,690 --> 00:28:28,210  
咱们让他回去，是不是  
  
691  
00:28:28,680 --> 00:28:28,880  
哎  
  
692  
00:28:29,000 --> 00:28:31,120  
上逆恒逆怎么能让他回去  
  
693  
00:28:32,040 --> 00:28:32,800  
因此说呢  
  
694  
00:28:33,080 --> 00:28:35,600  
就用了这么一个方，结构非常的简单  
  
695  
00:28:37,390 --> 00:28:37,950  
附子啊  
  
696  
00:28:38,110 --> 00:28:40,470  
温下元之寒，这个我们讲治病啊  
  
697  
00:28:40,470 --> 00:28:41,110  
要治胃病  
  
698  
00:28:41,230 --> 00:28:43,630  
你要治它的病因是不是病因  
  
699  
00:28:43,910 --> 00:28:45,830  
你别看他又呕吐了  
  
700  
00:28:46,200 --> 00:28:48,280  
又这个胸胁逆满了  
  
701  
00:28:48,560 --> 00:28:50,680  
不都是从腹中的寒气来的吗  
  
702  
00:28:51,220 --> 00:28:53,700  
所以谁能去温府中的寒气  
  
703  
00:28:53,700 --> 00:28:55,020  
那必然是质附子  
  
704  
00:28:55,500 --> 00:28:58,380  
我们讲质附子是不是能回下焦之阳啊  
  
705  
00:28:59,300 --> 00:28:59,500  
哎  
  
706  
00:28:59,540 --> 00:29:00,580  
他就回下焦之阳  
  
707  
00:29:00,940 --> 00:29:03,420  
那么胃病治了之后，已病也得管  
  
708  
00:29:03,580 --> 00:29:04,620  
不是都吐出来了吗  
  
709  
00:29:05,340 --> 00:29:07,380  
谁能转上焦之逆呢  
  
710  
00:29:08,230 --> 00:29:08,990  
必然是半夏  
  
711  
00:29:09,550 --> 00:29:12,580  
那么下焦的阳安稳了之后  
  
712  
00:29:12,580 --> 00:29:14,220  
上交的那逆也转回来  
  
713  
00:29:14,740 --> 00:29:16,860  
还得一员大将镇守中交  
  
714  
00:29:17,140 --> 00:29:18,940  
那么父子精米，父子精米  
  
715  
00:29:19,260 --> 00:29:20,740  
既有父子，也有精米  
  
716  
00:29:21,540 --> 00:29:22,740  
粳米、甘草和谁啊  
  
717  
00:29:23,500 --> 00:29:25,700  
大枣三味药，永镇中焦  
  
718  
00:29:26,820 --> 00:29:31,200  
以煎治下焦之寒，防止下焦之横逆吧  
  
719  
00:29:31,880 --> 00:29:32,400  
没错吧  
  
720  
00:29:32,880 --> 00:29:35,120  
那么既能煎治下焦之寒  
  
721  
00:29:35,200 --> 00:29:37,440  
也防止气机之横逆啊  
  
722  
00:29:37,790 --> 00:29:39,030  
那么就镇在中焦  
  
723  
00:29:39,270 --> 00:29:43,790  
因此这个方的芳名附子粳米汤就是在表法  
  
724  
00:29:44,720 --> 00:29:46,680  
表它的法，一个是温下焦  
  
725  
00:29:46,760 --> 00:29:47,800  
一个是是湿中焦  
  
726  
00:29:48,760 --> 00:29:49,440  
没错吧  
  
727  
00:29:50,430 --> 00:29:50,630  
哎  
  
728  
00:29:50,630 --> 00:29:54,950  
那么这个基本上我们说完它的结构就出来了呃  
  
729  
00:29:55,250 --> 00:29:58,010  
我再次重复一遍他的病因病机  
  
730  
00:29:58,410 --> 00:30:01,770  
用条文来说无非是腹中寒气那么  
  
731  
00:30:01,770 --> 00:30:05,610  
腹中寒气的奔破那么呃  
  
732  
00:30:07,450 --> 00:30:09,090  
由于不能下利啊  
  
733  
00:30:09,130 --> 00:30:11,810  
所以迫于下焦就会雷鸣切痛  
  
734  
00:30:12,790 --> 00:30:15,390  
由于无从出路，横逆于中焦  
  
735  
00:30:15,550 --> 00:30:16,270  
胸胁逆满  
  
736  
00:30:18,200 --> 00:30:19,360  
溺于上焦则呕吐  
  
737  
00:30:19,960 --> 00:30:21,160  
那么这种状态之下  
  
738  
00:30:22,470 --> 00:30:26,230  
咱们用附子粳米汤附子去回下那个那个温下焦之阳  
  
739  
00:30:26,970 --> 00:30:27,570  
半夏呢  
  
740  
00:30:27,810 --> 00:30:29,970  
降回下上焦之逆啊  
  
741  
00:30:30,410 --> 00:30:31,490  
半夏回上焦之逆  
  
742  
00:30:31,890 --> 00:30:36,460  
然后精米甘草大枣以食中焦之气啊  
  
743  
00:30:36,820 --> 00:30:37,620  
那么就齐了  
  
744  
00:30:38,100 --> 00:30:40,380  
因此这一个里头呢  
  
745  
00:30:40,380 --> 00:30:42,340  
就出现了一个特别好玩的事  
  
746  
00:30:43,780 --> 00:30:44,420  
你看看啊  
  
747  
00:30:44,820 --> 00:30:45,780  
我说第一个问题  
  
748  
00:30:46,180 --> 00:30:48,020  
我们这堂课讲不了了  
  
749  
00:30:48,220 --> 00:30:52,870  
下一次课我还会给大家讲一个方案，叫大健中汤  
  
750  
00:30:53,990 --> 00:30:57,980  
所谓心胸中大寒痛啊  
  
751  
00:30:59,180 --> 00:31:00,500  
那么那个呃  
  
752  
00:31:01,940 --> 00:31:05,550  
大剑中跟他呢，有异曲同工之妙  
  
753  
00:31:05,550 --> 00:31:06,510  
但是这俩方呢  
  
754  
00:31:06,990 --> 00:31:09,150  
有点区别，有啥区别呢  
  
755  
00:31:09,150 --> 00:31:11,310  
这次我先简单说，不说太多  
  
756  
00:31:11,710 --> 00:31:13,790  
那么其实无非啊是这张方呢  
  
757  
00:31:13,790 --> 00:31:14,990  
它是利于下焦  
  
758  
00:31:16,570 --> 00:31:17,810  
以助中上而焦  
  
759  
00:31:18,690 --> 00:31:21,170  
而大建中汤呢，是立足于中焦  
  
760  
00:31:21,740 --> 00:31:22,900  
以柱上下而焦  
  
761  
00:31:23,220 --> 00:31:26,060  
它俩的立角和着眼是不一样的  
  
762  
00:31:26,820 --> 00:31:29,260  
最终的着眼实际上都是着眼于中焦  
  
763  
00:31:29,740 --> 00:31:30,740  
明白这个道理了吧  
  
764  
00:31:31,060 --> 00:31:32,220  
他都是着眼于中焦  
  
765  
00:31:32,420 --> 00:31:34,820  
但是他立角这个方式利于下焦  
  
766  
00:31:35,100 --> 00:31:36,860  
而大剑中汤是立于中焦  
  
767  
00:31:38,660 --> 00:31:39,500  
哎，所以呢  
  
768  
00:31:39,660 --> 00:31:40,900  
这个方子变来变去  
  
769  
00:31:41,300 --> 00:31:44,620  
我们说我们的形态是对手决定的，对吧  
  
770  
00:31:44,820 --> 00:31:46,140  
你看见对手不一样  
  
771  
00:31:46,860 --> 00:31:47,700  
因此伤寒  
  
772  
00:31:48,100 --> 00:31:51,580  
我们讲叫六经本，一经六气本一气啊  
  
773  
00:31:51,700 --> 00:31:53,300  
其实金贵虽然官窍不通  
  
774  
00:31:53,540 --> 00:31:55,740  
但是又有何区别呢  
  
775  
00:31:56,060 --> 00:31:57,060  
只是位置变了  
  
776  
00:31:57,060 --> 00:31:58,420  
那咱们手法就变了啊  
  
777  
00:31:59,260 --> 00:32:00,060  
都是一回事  
  
778  
00:32:00,780 --> 00:32:01,060  
呃  
  
779  
00:32:02,270 --> 00:32:05,190  
那么这里头有一个特别有意思的事啊  
  
780  
00:32:05,190 --> 00:32:06,870  
我在这补充一下，额  
  
781  
00:32:06,990 --> 00:32:10,790  
这里头你发现用了一个配伍附子配半夏  
  
782  
00:32:12,620 --> 00:32:16,140  
这个配伍啊，在这让我们又爱又恨  
  
783  
00:32:17,180 --> 00:32:18,340  
为什么实话实说  
  
784  
00:32:18,340 --> 00:32:20,900  
因为附子和半夏的配合，我每天都用  
  
785  
00:32:22,040 --> 00:32:23,800  
非常负责任的说，每天都用  
  
786  
00:32:24,080 --> 00:32:27,920  
但是让我们所痛心的是，我们有一位同道  
  
787  
00:32:28,460 --> 00:32:33,610  
好像是去年的时候就因为半夏和附子的配伍被罚了吧  
  
788  
00:32:33,610 --> 00:32:34,210  
北京的啊  
  
789  
00:32:34,210 --> 00:32:37,210  
我知道当时那个议案牵动了我们很多人的内心  
  
790  
00:32:37,690 --> 00:32:41,150  
就是关于18反的问题和要点的问题  
  
791  
00:32:41,150 --> 00:32:42,430  
那么法不容情啊  
  
792  
00:32:42,950 --> 00:32:46,750  
那么这东西你确实就是属于18反你，你你首先啊  
  
793  
00:32:47,150 --> 00:32:50,670  
别跟我去这个这个较真啊  
  
794  
00:32:50,670 --> 00:32:54,170  
说这个父子他呃半夏反的是乌头对吧  
  
795  
00:32:54,570 --> 00:32:56,290  
那么附子和乌头是两回事  
  
796  
00:32:56,490 --> 00:32:58,450  
你说服药典去啊  
  
797  
00:32:58,850 --> 00:33:00,330  
要点他不信这个事  
  
798  
00:33:00,570 --> 00:33:05,130  
虽然我们中医都知道乌头和半夏不是乌头和附子，它是两种东西  
  
799  
00:33:05,130 --> 00:33:05,690  
对不对啊  
  
800  
00:33:06,020 --> 00:33:07,380  
但是要点他不认可呀  
  
801  
00:33:07,420 --> 00:33:08,260  
法律不认可  
  
802  
00:33:08,620 --> 00:33:11,140  
但是我今天呢，要说这么一个问题啊  
  
803  
00:33:12,210 --> 00:33:14,410  
说到这个问题，话题就就就比较多了  
  
804  
00:33:14,730 --> 00:33:18,850  
那么首先我个人认为18反是有道理的  
  
805  
00:33:19,570 --> 00:33:22,730  
那么并没有一个东西呢是空穴来风的啊  
  
806  
00:33:22,730 --> 00:33:25,370  
那我们很多人今天动不动就说18反应  
  
807  
00:33:25,370 --> 00:33:28,260  
根本就不存在，这种声音甚嚣尘上  
  
808  
00:33:28,820 --> 00:33:29,020  
呃  
  
809  
00:33:29,180 --> 00:33:30,500  
我觉得大可不必  
  
810  
00:33:31,040 --> 00:33:34,400  
你如果认为它完全不反我说句心里话  
  
811  
00:33:34,600 --> 00:33:36,320  
很可能是因为你没咋用  
  
812  
00:33:37,710 --> 00:33:38,670  
我每天都用  
  
813  
00:33:39,310 --> 00:33:40,190  
我每天都用  
  
814  
00:33:40,230 --> 00:33:44,190  
包括所谓甘草甘遂，天天用啊  
  
815  
00:33:44,190 --> 00:33:46,070  
甘草甘遂的方法我天天都用  
  
816  
00:33:46,510 --> 00:33:46,710  
呃  
  
817  
00:33:46,870 --> 00:33:51,630  
甘草大枣就是你能想到的那个那个那个那个  
  
818  
00:33:51,630 --> 00:33:51,990  
那个  
  
819  
00:33:52,920 --> 00:33:53,520  
半夏呀  
  
820  
00:33:54,000 --> 00:33:55,000  
二倍啊，乌头啊  
  
821  
00:33:55,000 --> 00:33:56,240  
就这些我天天都用  
  
822  
00:33:58,080 --> 00:34:01,040  
呃，那么我有一点说话的权利  
  
823  
00:34:01,080 --> 00:34:02,960  
我如果天天用，我有说话的权利  
  
824  
00:34:03,200 --> 00:34:04,120  
因为你要没用  
  
825  
00:34:04,370 --> 00:34:06,370  
那你说这东西我认为不存在  
  
826  
00:34:06,490 --> 00:34:07,450  
那你是想当然  
  
827  
00:34:07,570 --> 00:34:10,210  
是不是咱们什么东西都不能想当然啊  
  
828  
00:34:11,870 --> 00:34:12,070  
呃  
  
829  
00:34:12,510 --> 00:34:14,630  
那么这个18反是存在的  
  
830  
00:34:14,949 --> 00:34:16,870  
但这个存在不是说绝对不行  
  
831  
00:34:17,630 --> 00:34:19,110  
为什么它是重点啊  
  
832  
00:34:19,110 --> 00:34:21,630  
18反有种种不同的那个那个道理在内啊  
  
833  
00:34:21,870 --> 00:34:23,469  
那么我们今天且说这个  
  
834  
00:34:23,900 --> 00:34:25,460  
因为我们不是18反专题，对吧  
  
835  
00:34:25,699 --> 00:34:28,820  
我们且说这个附子和半夏的反  
  
836  
00:34:29,420 --> 00:34:31,060  
他这半夏反来源于哪啊  
  
837  
00:34:31,100 --> 00:34:32,139  
他其实不是说  
  
838  
00:34:33,219 --> 00:34:35,699  
我更正一下，不是说半夏反附子  
  
839  
00:34:36,100 --> 00:34:37,100  
而是半夏反乌头  
  
840  
00:34:37,500 --> 00:34:39,460  
因为我们知道半夏是降逆的吧  
  
841  
00:34:40,420 --> 00:34:44,520  
是不是，生当夏半夏天一半的时候  
  
842  
00:34:44,520 --> 00:34:45,880  
阳气就要直折了吧  
  
843  
00:34:46,540 --> 00:34:50,699  
那时候日薄西山，阳气走到最顶的时候就越来越要下降  
  
844  
00:34:51,080 --> 00:34:53,280  
叫阳气入阴是半下干的事  
  
845  
00:34:53,679 --> 00:34:54,960  
但是乌头是干啥的  
  
846  
00:34:55,120 --> 00:34:58,340  
乌头为太阳之精，是不是这个道理  
  
847  
00:34:59,140 --> 00:34:59,860  
是不是这个道理  
  
848  
00:34:59,860 --> 00:35:01,420  
所以我们讲叫半夏反乌头  
  
849  
00:35:02,770 --> 00:35:07,850  
那么你你你就好像你把一个老人家太阳这个老人家  
  
850  
00:35:07,850 --> 00:35:08,930  
你刚接进屋  
  
851  
00:35:09,520 --> 00:35:10,360  
然后这边呢  
  
852  
00:35:10,600 --> 00:35:13,160  
你已经把送客的这个东西都准备好了  
  
853  
00:35:14,650 --> 00:35:16,570  
这个场景就会非常尴尬  
  
854  
00:35:17,480 --> 00:35:18,800  
懂我说什么意思了没有  
  
855  
00:35:19,520 --> 00:35:22,400  
就是你刚把这个比如说领领导啊，或者是长辈啊  
  
856  
00:35:22,720 --> 00:35:23,600  
请到家里来  
  
857  
00:35:24,360 --> 00:35:25,720  
这是乌头干的事吧  
  
858  
00:35:26,320 --> 00:35:29,120  
这边半夏是要把他送走的  
  
859  
00:35:30,120 --> 00:35:33,000  
你这个你还不如不不请人来，你这得罪人吗  
  
860  
00:35:33,280 --> 00:35:34,400  
这叫半夏反乌头  
  
861  
00:35:34,600 --> 00:35:36,560  
但不可以这么做吗  
  
862  
00:35:37,410 --> 00:35:39,010  
某种特殊的时候不行吗  
  
863  
00:35:40,600 --> 00:35:42,600  
我们用药是要越用越行  
  
864  
00:35:43,720 --> 00:35:45,240  
而不是越用越不行  
  
865  
00:35:46,680 --> 00:35:48,120  
你懂它的道理就行了  
  
866  
00:35:48,160 --> 00:35:48,920  
是这个道理吧  
  
867  
00:35:49,280 --> 00:35:54,080  
那么附子和半夏更不涉及这个问题，不但不涉及啊  
  
868  
00:35:55,280 --> 00:35:58,800  
相反我们讲附子温升，半夏降浊  
  
869  
00:36:00,980 --> 00:36:03,860  
升清和降浊难道不可以并行不悖吗  
  
870  
00:36:05,040 --> 00:36:06,840  
还回到我们一开始说这个问题  
  
871  
00:36:07,120 --> 00:36:11,040  
为什么这一个升清的半夏不是升清的父子  
  
872  
00:36:11,080 --> 00:36:12,120  
一个降浊的半夏  
  
873  
00:36:13,200 --> 00:36:16,850  
难道我们没说过清阳出上窍  
  
874  
00:36:17,610 --> 00:36:18,730  
浊阴出下窍吗  
  
875  
00:36:19,610 --> 00:36:21,570  
难道我们我们之前没有交代  
  
876  
00:36:22,520 --> 00:36:25,880  
清气在上则为之则为嗔杖啊  
  
877  
00:36:26,200 --> 00:36:27,720  
那个浊气在上则为嗔丈  
  
878  
00:36:28,200 --> 00:36:30,320  
清气在下则为孙泄吗  
  
879  
00:36:31,230 --> 00:36:31,950  
都说过吧  
  
880  
00:36:33,380 --> 00:36:35,700  
那么为什么不能半夏父子同用呢  
  
881  
00:36:36,500 --> 00:36:40,220  
但是最后一点温馨提示我的学生们  
  
882  
00:36:40,680 --> 00:36:42,640  
注意好自我保护啊  
  
883  
00:36:42,880 --> 00:36:45,040  
这个虽然我给你们讲了这个道理  
  
884  
00:36:45,360 --> 00:36:47,240  
但是希望你们保护好自己啊  
  
885  
00:36:47,240 --> 00:36:50,460  
我不希望看到任何人因为为了治病和救人  
  
886  
00:36:51,100 --> 00:36:53,260  
最后倒在了不该倒的战场上  
  
887  
00:36:53,900 --> 00:36:54,100  
呃  
  
888  
00:36:54,140 --> 00:36:55,700  
那样我也会很心痛啊  
  
889  
00:36:56,020 --> 00:36:58,360  
但是有些现状就是这个现状  
  
890  
00:36:58,360 --> 00:37:01,040  
我们只能更多的努力吧  
  
891  
00:37:01,400 --> 00:37:03,920  
我们也改变的东西也是有限的啊  
  
892  
00:37:04,000 --> 00:37:05,360  
希望我们大家共同努力  
  
893  
00:37:05,810 --> 00:37:09,010  
呃，以后很多东西会日趋的完善啊  
  
894  
00:37:09,010 --> 00:37:12,610  
我们多给呃大家一点时间啊  
  
895  
00:37:14,530 --> 00:37:17,630  
呃，那么这块说说这块啊  
  
896  
00:37:17,630 --> 00:37:19,150  
那么又引来一个话题  
  
897  
00:37:19,590 --> 00:37:21,830  
其实这种父子和半夏的配伍呢  
  
898  
00:37:22,230 --> 00:37:23,470  
在历历史上啊  
  
899  
00:37:23,810 --> 00:37:28,410  
那么我们可以说出处就是出自这个半夏，那个附子粳米汤  
  
900  
00:37:29,090 --> 00:37:29,610  
没错吧  
  
901  
00:37:30,210 --> 00:37:33,770  
但是在后世的时候有很多妙用和用法  
  
902  
00:37:34,310 --> 00:37:35,750  
比如我经常用的  
  
903  
00:37:36,110 --> 00:37:39,390  
我们说这个南北朝时代的申师方  
  
904  
00:37:39,750 --> 00:37:40,670  
其中有一张，诶  
  
905  
00:37:40,670 --> 00:37:42,710  
我一说我好几个同仁点头  
  
906  
00:37:42,950 --> 00:37:43,910  
有哪张方啊  
  
907  
00:37:44,700 --> 00:37:45,100  
很好  
  
908  
00:37:45,500 --> 00:37:46,420  
申士大剑中  
  
909  
00:37:46,780 --> 00:37:50,740  
身士大剑中之后之中就有这种父子和半夏的配合  
  
910  
00:37:50,940 --> 00:37:52,380  
现在你明白为啥了吧  
  
911  
00:37:53,790 --> 00:37:54,710  
父子温升  
  
912  
00:37:56,790 --> 00:37:57,870  
半夏敛降  
  
913  
00:37:58,680 --> 00:38:01,280  
一个升清一个降浊，专门治什么  
  
914  
00:38:01,800 --> 00:38:05,660  
那么我们说俯冲切痛说这个问题了吧  
  
915  
00:38:06,300 --> 00:38:08,820  
你父子温下缘才能让他回来  
  
916  
00:38:09,730 --> 00:38:11,450  
然后半夏才能把它降下来  
  
917  
00:38:11,970 --> 00:38:15,170  
你父子把下缘没温好，你就把他找回来  
  
918  
00:38:15,570 --> 00:38:16,330  
这玩意儿不行啊  
  
919  
00:38:16,330 --> 00:38:18,770  
就像两口子吵架，是不是啊  
  
920  
00:38:19,210 --> 00:38:19,890  
比如说啊  
  
921  
00:38:20,010 --> 00:38:21,330  
咱打打一个比方啊  
  
922  
00:38:21,650 --> 00:38:22,770  
我们从阴阳的角度  
  
923  
00:38:23,210 --> 00:38:29,300  
比如那个妻子把丈夫撵出去了之后  
  
924  
00:38:29,300 --> 00:38:31,260  
你去劝你得两边一起劝吧  
  
925  
00:38:32,900 --> 00:38:35,260  
是不是你得父子把家里头的劝好了  
  
926  
00:38:35,580 --> 00:38:37,500  
然后半夏再把阳气领回来吧  
  
927  
00:38:38,060 --> 00:38:39,820  
你不能家里头没管  
  
928  
00:38:40,500 --> 00:38:42,340  
然后半夏把阳气领回来  
  
929  
00:38:43,630 --> 00:38:45,750  
第二场战争又开始了，是不是  
  
930  
00:38:46,110 --> 00:38:46,350  
哎  
  
931  
00:38:46,350 --> 00:38:47,830  
那这个你还不如不劝呢啊  
  
932  
00:38:48,230 --> 00:38:50,670  
你就说这个道理，你觉得两边都得弄  
  
933  
00:38:51,050 --> 00:38:53,010  
所以说这种半夏附子的配合  
  
934  
00:38:53,690 --> 00:38:56,910  
那这种对于腹中寒痛的配合  
  
935  
00:38:57,310 --> 00:38:59,190  
在后世的历代方中  
  
936  
00:38:59,860 --> 00:39:02,020  
那么很多时候皆有借用  
  
937  
00:39:02,380 --> 00:39:05,500  
实际上都本于金匮要略的附子敬明汤  
  
938  
00:39:05,820 --> 00:39:07,460  
那你还认为这张方不重要吗  
  
939  
00:39:07,700 --> 00:39:07,980  
啊  
  
940  
00:39:08,410 --> 00:39:10,610  
那么就就拿那个绅士大剑中来说  
  
941  
00:39:10,770 --> 00:39:12,170  
他条文中有这么一句话  
  
942  
00:39:13,010 --> 00:39:17,350  
叫少妇栾籍或腹中啊  
  
943  
00:39:17,390 --> 00:39:18,390  
或腹满咸脊  
  
944  
00:39:19,350 --> 00:39:20,030  
或什么呢  
  
945  
00:39:20,990 --> 00:39:23,720  
腹中寒痛，看懂了没有  
  
946  
00:39:24,280 --> 00:39:26,480  
身世大剑冢有意思吧  
  
947  
00:39:27,040 --> 00:39:27,240  
哎  
  
948  
00:39:27,280 --> 00:39:29,280  
那么这个里头有很多人在想啊  
  
949  
00:39:29,600 --> 00:39:33,690  
说为什么小建中和金桂的建中汤差这么多  
  
950  
00:39:34,650 --> 00:39:38,820  
而绅士大剑中和金匮大剑中又差这么多  
  
951  
00:39:39,540 --> 00:39:41,060  
结构上啊，没错吧  
  
952  
00:39:41,540 --> 00:39:44,140  
那么在这我认为不用再争论了  
  
953  
00:39:44,780 --> 00:39:48,430  
他们手法不同，但是眼目是一样的啊  
  
954  
00:39:48,710 --> 00:39:54,360  
我之前说过呃附子粳米汤和大建中汤的互通的问题  
  
955  
00:39:54,400 --> 00:39:55,920  
着着眼和立角的问题啊  
  
956  
00:39:56,320 --> 00:39:57,600  
那么这个最后  
  
957  
00:39:57,600 --> 00:40:01,330  
他的立即立角虽然利于中焦和下焦的不同  
  
958  
00:40:01,610 --> 00:40:03,410  
最后着眼都是走中焦的  
  
959  
00:40:05,340 --> 00:40:07,940  
李忠哲理中焦啊，都是干这个事的啊  
  
960  
00:40:08,820 --> 00:40:10,420  
好在这呢，就不再赘述  
  
961  
00:40:10,700 --> 00:40:13,660  
那么这个方呢，你就拿它治肚子疼啊  
  
962  
00:40:14,140 --> 00:40:16,020  
只要是肚子疼，但是不腹泻  
  
963  
00:40:16,650 --> 00:40:17,730  
而且与此同时呢  
  
964  
00:40:18,450 --> 00:40:20,010  
呃，甚至还有长鸣  
  
965  
00:40:20,890 --> 00:40:22,010  
那就非常好啊  
  
966  
00:40:22,650 --> 00:40:24,090  
金匮原文，你把它读懂  
  
967  
00:40:25,650 --> 00:40:25,930  
好  
  
968  
00:40:25,930 --> 00:40:26,890  
我们接着往下看  
  
969  
00:40:27,930 --> 00:40:28,930  
后头的方子呢  
  
970  
00:40:29,410 --> 00:40:34,170  
那么三张方这个我就不再给大家讲的太仔细了  
  
971  
00:40:34,700 --> 00:40:36,020  
呃，一个后破三物  
  
972  
00:40:36,100 --> 00:40:38,060  
一个大柴胡，一个大乘器  
  
973  
00:40:38,450 --> 00:40:40,690  
大乘器这个呢，我倒叙吧  
  
974  
00:40:41,050 --> 00:40:42,050  
大乘器这个呢  
  
975  
00:40:42,090 --> 00:40:45,010  
在伤寒论中有原文我就不说了啊  
  
976  
00:40:45,010 --> 00:40:46,130  
看过伤寒论的都懂  
  
977  
00:40:46,720 --> 00:40:46,920  
呃  
  
978  
00:40:47,200 --> 00:40:51,370  
大柴胡这个呢，其实跟伤寒论没有本质区别  
  
979  
00:40:51,810 --> 00:40:54,690  
伤寒论讲叫偶不止心下急欲微烦对吧  
  
980  
00:40:54,930 --> 00:40:57,560  
或者叫心中痞硬，呕吐而下利者  
  
981  
00:40:57,880 --> 00:40:59,680  
大柴胡汤其实没啥区别啊  
  
982  
00:40:59,920 --> 00:41:01,680  
这个心中说的就都是胃丸  
  
983  
00:41:02,080 --> 00:41:04,720  
其实大柴胡汤本来是治胃疼的  
  
984  
00:41:05,300 --> 00:41:06,860  
可悲的是我们今天啊  
  
985  
00:41:07,220 --> 00:41:13,510  
把大柴胡汤当成了邵阳和邵阳加便秘就是大柴胡  
  
986  
00:41:14,270 --> 00:41:15,550  
这个是非常可悲的  
  
987  
00:41:15,630 --> 00:41:18,910  
因为你看整部伤寒论里头没说过大柴胡汤便秘  
  
988  
00:41:19,750 --> 00:41:24,110  
大柴胡汤就是小柴胡汤的放大版大号的小柴胡  
  
989  
00:41:24,550 --> 00:41:27,800  
换句话说，小柴胡汤是胆淤没错吧  
  
990  
00:41:28,000 --> 00:41:28,840  
少阳枢机不利  
  
991  
00:41:29,440 --> 00:41:30,720  
那么大柴胡是什么  
  
992  
00:41:30,840 --> 00:41:32,160  
少阳枢机不利之后  
  
993  
00:41:32,400 --> 00:41:34,680  
胆郁克脾土没错吧  
  
994  
00:41:35,040 --> 00:41:36,360  
胆鱼克脾土，他就胃疼  
  
995  
00:41:36,560 --> 00:41:37,160  
打个比方  
  
996  
00:41:37,800 --> 00:41:38,680  
就打个比方说  
  
997  
00:41:38,680 --> 00:41:42,380  
你自己出现了扭曲的时候，你会难受  
  
998  
00:41:43,740 --> 00:41:46,740  
但你扭曲太过的时候就是你旁边的人难受  
  
999  
00:41:47,580 --> 00:41:48,140  
明白了吧  
  
1000  
00:41:48,540 --> 00:41:49,940  
那么前者就是小柴胡  
  
1001  
00:41:50,340 --> 00:41:51,380  
后者就是大柴胡  
  
1002  
00:41:51,740 --> 00:41:53,820  
那么当旁边人难受的时候，谁是旁边人  
  
1003  
00:41:53,820 --> 00:41:54,540  
那不就是胃吗  
  
1004  
00:41:54,980 --> 00:41:55,980  
所以叫心下急  
  
1005  
00:41:56,020 --> 00:41:57,060  
大柴胡汤治胃疼  
  
1006  
00:41:57,500 --> 00:42:00,510  
治这个治胰腺炎，那个我们讲伤寒的时候说过  
  
1007  
00:42:00,510 --> 00:42:01,310  
不赘述了啊  
  
1008  
00:42:02,570 --> 00:42:03,730  
所以这个不多，不多说  
  
1009  
00:42:03,930 --> 00:42:06,410  
我唯一想说一下的是厚朴三物汤  
  
1010  
00:42:07,220 --> 00:42:08,020  
关于这张方  
  
1011  
00:42:08,100 --> 00:42:13,450  
依然是从结构上它就是一个小柴胡汤的变化  
  
1012  
00:42:13,810 --> 00:42:15,330  
但是这个我要特殊的说  
  
1013  
00:42:15,530 --> 00:42:18,130  
这个跟小柴胡汤不搭嘎没关系  
  
1014  
00:42:18,570 --> 00:42:22,010  
以后人问起你说这个厚朴三物汤是啥  
  
1015  
00:42:22,010 --> 00:42:23,650  
我希望你的回答是这样的  
  
1016  
00:42:24,010 --> 00:42:25,450  
大柴胡汤去芒硝  
  
1017  
00:42:26,830 --> 00:42:27,670  
知道为啥吗  
  
1018  
00:42:29,070 --> 00:42:29,670  
知道为啥吗  
  
1019  
00:42:29,670 --> 00:42:30,510  
有没有人细心  
  
1020  
00:42:31,710 --> 00:42:32,030  
哎  
  
1021  
00:42:32,110 --> 00:42:33,990  
很好，一两个原因  
  
1022  
00:42:34,110 --> 00:42:37,510  
第一，它的用量跟大成器完全一致  
  
1023  
00:42:39,390 --> 00:42:39,590  
啊  
  
1024  
00:42:39,670 --> 00:42:40,910  
四两蛋黄不用说了  
  
1025  
00:42:40,910 --> 00:42:45,580  
这个都一样啊呃，后破半斤八两没错吧  
  
1026  
00:42:46,180 --> 00:42:46,860  
只15枚  
  
1027  
00:42:47,580 --> 00:42:49,700  
这是他第一个原因，一点都没变  
  
1028  
00:42:50,220 --> 00:42:53,940  
第二个原因，三成替汤的煎法你们还记得吧  
  
1029  
00:42:54,650 --> 00:42:56,970  
调味成器和小成器都是照常间  
  
1030  
00:42:57,490 --> 00:42:59,770  
只有大成器带黄后下  
  
1031  
00:43:00,010 --> 00:43:01,410  
你仔细看看它的减法  
  
1032  
00:43:05,140 --> 00:43:05,820  
看出来了吧  
  
1033  
00:43:06,220 --> 00:43:08,020  
所以这是大柴胡汤的变化  
  
1034  
00:43:08,460 --> 00:43:11,420  
但是为什么用大柴胡汤变出这个东西呢  
  
1035  
00:43:12,180 --> 00:43:13,180  
我个人认为啊  
  
1036  
00:43:14,280 --> 00:43:14,960  
非常简单  
  
1037  
00:43:15,640 --> 00:43:16,760  
所谓通则不痛  
  
1038  
00:43:16,800 --> 00:43:17,520  
痛则不通啊  
  
1039  
00:43:18,120 --> 00:43:19,600  
痛而闭，说的就是不通  
  
1040  
00:43:19,980 --> 00:43:20,860  
不通怎么办啊  
  
1041  
00:43:20,980 --> 00:43:22,780  
大承气汤通知哈  
  
1042  
00:43:22,820 --> 00:43:23,500  
就这么简单  
  
1043  
00:43:23,700 --> 00:43:24,420  
但这个通呢  
  
1044  
00:43:24,780 --> 00:43:27,140  
又由于没有明确的告诉你有造势  
  
1045  
00:43:27,820 --> 00:43:29,980  
所以芒硝去掉芒硝啊  
  
1046  
00:43:29,980 --> 00:43:33,620  
一能泄热再上能泄热再下能什么软件  
  
1047  
00:43:34,070 --> 00:43:34,270  
哎  
  
1048  
00:43:34,270 --> 00:43:36,870  
那么今天的课呢，咱们就讲到这儿好  
  
1049  
00:43:37,030 --> 00:43:38,550  
谢谢各位下课啊